

Counselling Contract

Confidentiality

Confidentiality is essential to counselling and it is your right as a client. However, for ethical and legal reasons, confidentiality may be breached when:

- Disclosure relates to terrorism, drug trafficking, the proceeds of crime, money laundering, the abuse of children, road accidents, female genital mutilation, and activities that might be classed as serious crime.
- There is concern that a child is at risk of harm.
- It is felt that you may be about to harm yourself or someone else.
- Supervision ensures that counsellors are practising effectively and responsibly. As in all professional discussions of counselling work, confidentiality is preserved by client anonymity.

Cancellations

If you need to cancel or reschedule a session, a minimum of 24 hours' notice is requested without which the session will be payable. Notice can be given by email, text message or phone call (contact details are at the top of this page).

Payment

Payment can be made at the end of the session by card or contactless device. For remote sessions, bank details will be provided and payment asked for in advance.

The fee for a 50-minute session is £45, with a concessionary rate of £30 for those not currently working and for students.

Availability

Messages will be checked for and responded to between 9am and 5pm, Monday to Friday.

I confirm that I have read, understood, and agree to the above.

Signature

Date

Name (please print)

Your counsellor is Michael Neath MA, a qualified and registered member of the British Association for Counselling and Psychotherapy